



## Organic Flaxseed Oil

PureGels® Organic Flaxseed Oil provides the most concentrated vegetarian source of Omega-3 Essential Fatty Acids (EFA) found in nature. Naturally derived from cold-pressed, organic flaxseed, it contains the full spectrum of Omega-3, Omega-6, and Omega-9 fatty acids found in flaxseed. Alpha-Linolenic Acid (Omega-3) and Linoleic Acid (Omega-6) are the primary EFAs which promote flaxseed oil's healthy benefits. Our Organic Flaxseed Oil supports healthy cardiovascular and immune function.\*

To learn more, check out [www.puregels.com/FlaxseedOil](http://www.puregels.com/FlaxseedOil)

\*These statements have not been evaluated by the FDA. This product is not intended to diagnose, treat, cure, or prevent any disease.

**PureGels® Natural Supplements - Essential Balance for Body and Mind™**

PureGels® Nutraceuticals • PMB 463 • 9911 Paramount Blvd. • Downey, CA 90240 • 800.678.4692 • [puregels.com](http://puregels.com)

## Supplement Facts

Serving Size 3 Soft Gels

Amount per 3 Soft Gels	%Daily Value*	
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<b>Calories</b>	33	2.0%
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Calories from Fat	27	1.5%
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<b>Total Fat</b>	3 g	4.5%
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<i>Trans</i> Fat	0 g	
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Organic Flaxseed Oil	3000 mg	†
(containing 1710 mg Alpha-Linolenic Acid, 480 mg Linoleic Acid and 540 mg Oleic Acid)		

\* Percent Daily Values are based on a 2,000 calorie diet.

† Daily Value not established

**Other Ingredients:** Gelatin, glycerin, purified water, carob extract concentrate.

**Does NOT Contain:** Yeast, Added Sugars, Sodium, Artificial Colors, Artificial Flavors, or Preservatives.

**Directions:** Take three soft gels daily with meals, or as recommended by your health care professional.

## Organic Flaxseed Oil

**Supports Healthy Cardiovascular and Immune Function\***

Dietary Supplement • 1000 mg • 90 Soft Gels

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**Storage:** KEEP OUT OF THE REACH OF CHILDREN. Keep tightly closed in a cool dry place.

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**Code #7925**

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Manufactured by PureGels® Nutraceuticals Downey, CA 90240