



Carnisol[®] with L-Carnipure[®]

Runner. Biker. Climber. Hiker. Kayaker. Swimmer.

All of the above? Some of the Above? None of the above?
Regardless— what are you? What do you want to be?

Whether you're a full time adrenaline junkie, a weekend warrior, or just thinking about how to lose the spare tire, Carnisol[®] has got you covered. It's all about Cardio. Energy. And Fitness. Taking this natural supplement prior to exercise will help keep you firing on all cylinders, increasing energy and endurance while you're doing whatever you need to do to stay active. It's not a stimulant, so you won't increase your heart rate. The key ingredient is L-Carnitine. This is the only L-Carnitine in a soft gel, for maximum absorption.

**To learn about how to break down fat, stay active,
and fight fatigue, without a loss of lean muscle tissue,
check out Carnisol[®] at www.puregels.com/Carnisol**

*These statements have not been evaluated by the FDA. This product is not intended to diagnose, treat, cure, or prevent any disease.

PureGels[®] Natural Supplements - Essential Balance for Body and Mind[™]

PureGels[®] Nutraceuticals • PMB 463 • 9911 Paramount Blvd. • Downey, CA 90240 • 800.678.4692 • puregels.com

Supplement Facts

Serving Size 3 Soft Gels

Amount per 3 Soft Gels	% Daily Value*
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Total Fat	0 g	0%
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Trans Fat	0 g	
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Carnisol® (with L-Carnipure®) 1000 mg	†
L-Carnitine L-Tartrate	

* Percent Daily Values are based on a 2,000 calorie diet.

† Daily Value not established

Other Ingredients: Soybean oil, gelatin, glycerin, purified water, yellow beeswax, lecithin (soy), riboflavin, titanium dioxide.

Directions: Take three soft gels daily with meals, or as recommended by your health care professional.

Does NOT Contain: Yeast, Added Sugars, Sodium, Artificial Flavors, or Preservatives.

Carnisol® with L-Carnipure®

Supports Cardiovascular Health*
Promotes Energy and Fitness Management*
Promotes Efficient Post-Exercise Recovery*

Dietary Supplement • 90 Soft Gels

Cardiovascular sports. Training. Outdoor Fitness. Whether you are a full time adrenaline junkie, a weekend warrior, or just thinking about getting back to an active lifestyle, spending a few hours out there can really wear you out. PureGels® Carnisol® with L-Carnipure® is the premier, patented formulation of L-Carnitine, a natural compound which is produced in the body from amino acids, but often exists in insufficient amounts to maintain optimum health. Clinical trials indicate that taking L-Carnitine regularly prior to exercise promotes increased energy and endurance—without accelerating heart rate.* Carnisol® also promotes efficient post-exercise recovery, supports healthy cardiovascular function, and facilitates fat breakdown—without a loss of lean muscle tissue.* Carnisol® with L-Carnipure® is the only L-Carnitine available in a soft gel.*

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Storage: KEEP OUT OF THE REACH OF CHILDREN. Keep tightly closed in a cool dry place.

To enjoy Special Offer Savings and for more information, visit us at www.puregels.com or call us toll-free at 800.678.4692.

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Code #2476

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Manufactured by PureGels® Nutraceuticals Downey, CA 90240