



Milk Thistle Extract

Milk Thistle, an edible plant, has a long history of use as a natural supporter of liver health. Silymarin, a rare and diverse antioxidant compound found in Milk Thistle, has been clinically shown to support healthy liver and immune function.* Milk Thistle Extract is commonly used by those who are concerned with potential negative health indicators such as environmental toxins, alcohol, and smoke from tobacco products. PureGels® Milk Thistle Extract is standardized to 80% Silymarin, and provides 224 mg Silymarin per 2 soft gels daily.

To learn more, check out PureGels.com/MilkThistle

*These statements have not been evaluated by the FDA. This product is not intended to diagnose, treat, cure, or prevent any disease.

PureGels® Natural Supplements - Essential Balance for Body and Mind™

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Supplement Facts

Serving Size 2 Soft Gels

Amount Per 2 Soft Gels	% Daily Value*
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Total Fat	0 g	0%
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<i>Trans Fat</i>	0 g	
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Milk Thistle (seed) Extract	280 mg	†
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* Percent Daily Values are based on a 2,000 calorie diet.

† Daily Value not established

Other Ingredients: Soybean oil, gelatin, glycerin, purified water, carob extract concentrate, lecithin (soy), yellow beeswax, titanium dioxide.

Does NOT Contain: Yeast, Added Sugars, Sodium, Artificial Flavors, or Preservatives.

Standardization Levels: 80% Silymarin

Directions: Take two soft gels daily with meals, or as recommended by your health care professional.

Milk Thistle Extract

Provides Antioxidant Support and Promotes Healthy Liver and Immune Function*

Dietary Supplement • 60 Soft Gels

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Storage: KEEP OUT OF THE REACH OF CHILDREN. Keep tightly closed in a cool dry place.

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Manufactured by PureGels® Nutraceuticals Downey, CA 90240