

Cardio. Energy. Fitness. Recovery.



Natural Products Expo East Seminar
***L-Carnipure® L-Carnitine -
Its Role in Exercise and Recovery***
with Dr. William Kraemer, PhD.

**Friday October 6, 2006 11AM-12PM
Room Level 300 - Room 327**

L-Carnitine supplementation enhances fat oxidation, aerobic capacity, and physical performance. L-Carnitine also facilitates recovery from exercise and physical work. A new role of L-Carnitine rests in its ability to reduce chemical damage to tissues, and to help the process of muscle tissue repair and remodeling. Participants will learn the basic functions of L-Carnitine and its role in human physiology, and how L-Carnitine supplementation promotes exercise performance and efficient recovery from exercise and physical stress.

Presented by PureGels® Nutraceuticals, the makers of Carnisol® - The only L-Carnitine in a Soft Gel.

Visit PureGels® Carnisol® at ExpoEast booth #1046!

PureGels® Natural Supplements - Essential Balance for Body and Mind™ - www.PureGels.com